

SUNDAY, SEPTEMBER 1 10:00

SOOKE - Peden Lake

START POINT: Sooke Potholes Regional Pk, Parking lot 2, Sooke River Rd

DISTANCE: 6, 10k **RATING:** 2C

SPONSOR: Garden City Wanderers

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DIRECTIONS TO START: Follow the Trans-Canada Hwy #1 from Victoria & take the Millstream Rd exit (Exit 14). Follow Veterans Memorial Pkwy, then turn Right on Sooke Rd. Turn Right on Sooke River Rd.

INFORMATION: The trail is well-defined & climbs about 200 metres over 3k beside Mary Vine Creek to a lovely spot by Peden Lake ideal for a rest & snack. The 6k route returns to the start point while the 10k route completes a loop through beautiful scenery and finishes with a section of the Galloping Goose trail.